

Albert Park Yacht Club - Albert Sailing Club

SUPPLEMENTARY SAILING INSTRUCTIONS (SSIs) 2025-28

The SSIs supplement the Racing Rules of Sailing (RRS) Appendix S, Standard Sailing Instructions (SIs).

Racing is conducted jointly by Albert Sailing Club and Albert Park Yacht Club, with one club, the 'Host Club', controlling racing on an alternating basis. The schedule of racing will specify the Host Club for each specific event.

References in the SIs and SSIs to 'official notice board', 'course board' and 'race office' refer to things located at the Host Club.

NOTICES TO COMPETITORS (SI 2)

SSI 1 The official notice board will be in the foyer of the Host Club

SSI 2 The race office is at the tower of the Host Club.

SSI 3 The course board will be displayed at the Host Club.

SSI 4 The race committee vessel will fly the burgee of the Host Club at the masthead.

CHANGES TO SAILING INSTRUCTIONS (SI 3)

SSI 5 Any change to the SIs and SSIs will be posted on the official notice board before 1200 hours on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hours on the day before it will take effect. This changes SI 3.1

SIGNALS MADE ASHORE (SI 4)

SSI 6.1 Signals made ashore will be displayed on the flagpole of the Host Club.

SSI 6.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in the RRS Race Signals AP.

SCHEDULE OF RACES (SI 5)

SSI 7.1 The schedule of races, specifying the event, start times and Host Clubs, will be displayed on the official notice board.

SSI 7.2 The first division start time for Saturday club races will be scheduled for 1430 hours during Daylight Saving Time and 1400 hours at other times.

CLASS FLAGS (SI 6)

SSI 8 Classes will be assigned to start in divisions and, together with the division flags, will be described on the course board.

THE COURSES (SI 7)

SSI 9 The courses to be sailed will be described on the course board.

MARKS (SI 8)

SSI 10.1 The marks will be yellow flags attached to poles. If alternative marks are to be used, they will be described on the course board.

SSI 10.2 The start mark will be flag G attached to a pole.

SSI 10.3 The finish mark will be a flag attached to a pole, when:

- APYC is Host Club, orange flag.
- ASC is Host Club, red flag.

THE START (SI 9)

SSI 11 The direction of the course (the rounding of marks to port or to starboard), will be indicated by a red or green flag that will be displayed on the race committee vessel not less than 2 minutes before the first warning signal.

SSI 12 The warning signal will be made 3 minutes before the starting signal and the preparatory signal will be 2 minutes before the starting signal. This changes RRS 26.

SSI 13 When a starting sequence is in progress, boats whose warning signal has not been made shall keep clear of the starting area.

SSI 14 A boat starting later than six minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1.

RECALLS (RRS 29)

SSI 15 The warning signal for the first recalled division will be displayed at the start of the last division, except when there are no other divisions to start. The warning signal of subsequently recalled divisions will be displayed at the start of the preceding recalled division. This changes RRS 29.2.

SHORTENING COURSE (RRS 32)

SSI 16 If the race committee signals a shortened the course 'to home' by displaying flag S over flag H with two sounds, boats shall round the mark near the race committee vessel on the required side and finish at the finish line specified on the course board. A boat which has not sailed the same course as the first boat in its class, shall complete the same course before finishing. This changes RRS 32.2.

OUTSIDE HELP (RRS 41)

SSI 17 A boat may receive assistance from a rescue craft in the event of a capsize, or for a safety matter, and then continue to compete in the race, provided that such assistance does not advance the boat's position in the race. This changes RRS 41.

THE FINISH (SI 11)

SSI 18.1 The finishing line will be between the Host Club's tower and the finish mark. Where an alternate finish is to be used, it will be described on the course board.

SSI 18.2 The race committee may finish a boat within a fleet at or near a mark so that other scheduled races can be sailed or, at the discretion of the race officer, if it will be difficult for that boat to finish within the time limit or the finish window. The race committee may not finish boats in accordance with this clause prior to the first boat in their division finishing. A boat so finished will receive points equal to the position occupied at the time the boat was finished. This changes RRS 35, A4 and A5.

TIME LIMITS (SI 12)

SSI 19.1

For each division	Race Time Limit (the time limit for the first boat in that class to sail the course and finish, after the starting signal for that boat's division)	Finishing Window (the time for subsequent boats to finish, after the first boat in that class sails the course and finishes)
Long course racing	120 Minutes	30 minutes
Short course racing	60 minutes	15 minutes

SSI 19.2 The race target time is 90 minutes for a long course race. If a shorter or longer race is to be sailed, amended Race Time Limits and Finishing Windows will be described on the course board.

SSI 19.3 There is no prescribed time limit for the first boat to round the first mark.

SAFETY REGULATIONS (RRS 50)

SSI 20 All sailors shall wear adequate covered footwear.

ENTRY (RRS 75)

SSI 21 For each race session, boats intending to race shall sign-on by signing the race sign-on form at the Host Club no later than 15 minutes prior to the first warning signal. Yachts shall sign off within thirty minutes of the last boat's finish.

SSI 22 A boat that retires from a race shall notify the race office as soon as possible.