

**Albert Park Yacht Club  
Citysail Sailing Instructions  
2022**

**SUPPLEMENTARY SAILING INSTRUCTIONS (SSI)**

This sheet is a supplement to Appendix S of the Racing Rules of Sailing.

**RULES**

**SSI 1** It is a Club safety requirement that all crew wear adequate covered footwear.

**NOTICES TO COMPETITORS (SSI 2)**

**SSI 2** The race office is located at the host club's tower.

**CHANGES TO SAILING INSTRUCTIONS (SSI 3)**

**SSI 3** Any change to the sailing instructions will be posted one hour before effect on the day it will take effect. This changes SI 3.1

**SIGNALS MADE ASHORE (SSI 4)**

**SSI 4.1** Signals ashore will be displayed on the flagstaff of the club.

**SSI 4.2** When flag AP is displayed ashore, '1 minute' is replaced with not less than 15 minutes in the race signal AP, this changes SI 4.2.

**SSI 5** The first divisional start for regatta races will be scheduled according to the Citysail program posted on Regatta Notice of Race.

**SSI 6** Assignment of classes to divisions and the flag will be displayed on the course board.

**COURSES (SSI 7)**

**SSI 7.1** The courses to be sailed will be described on the course board.

**SSI 7.2** The order of mark rounding's is determined by the position of the start boat, the first mark to windward at the warning signal for the first start, and the indicated course direction (in accordance with SSI 9).

**MARKS (SSI 8)**

**SSI 8** The marks to be used will be described on the course board.

**THE START (SSI 9)**

**SSI 9** To alert boats to the direction of the course (port or starboard mark rounding), a red or green flag will be displayed not less than 2 minutes before the first warning.

**SSI 10** The warning signal will be made 3 minutes before the starting signal. This changes RRS 26.

**SSI 11** When a starting sequence is in progress, boats whose warning signal has not been made shall avoid the starting area.

**SSI 12** A boat starting later than six minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4.1.

**RECALLS (SSI 13)**

**SSI 13** Rule 29.2 is amended to state that the warning signal for the first recalled Division will be displayed at the start of the last Division, except when there are no other Divisions to start. The warning signal of subsequently recalled Divisions may be displayed at the start of the preceding recalled Division.

### SHORTENING COURSE (SSI 14)

**SSI 14** Rule 32.2 is amended to include that a boat which has not sailed the same course as the first boat, shall complete the same course before finishing.

**SSI 15** If the race committee signals a shortened course to home (displaying flag S over H with two sounds), boats shall round the mark on the required side and the finish line shall be the original finish line specified on the course board. A boat which has not sailed the same course as the first boat, shall complete the same course before finishing.

### OUTSIDE HELP (SSI 16)

**SSI 16** A boat can receive assistance from a rescue craft in the event of a capsize or for safety reasons and then continue to compete in the race [DP]. This changes RRS 41.

### THE FINISH (SSI 17)

**SSI 17.1** The finishing line will be described on the course board.

**SSI 17.2** The race committee may finish a boat within a fleet at or near a mark so that other scheduled races can be sailed. The race committee may not finish a boat in accordance with this clause prior to the first boat in their division finishing. A boat so finished will receive points equal to the position occupied at the time the boat was finished. This changes rules 35, A4 and A5.

### TIME LIMITS (SSI 18)

<b>SSI 18.1</b>	For each division	Race Time Limit (the time limit for the first boat in that division to sail the course and finish, after the starting signal for that boat's division)	Finishing Window (the time for subsequent boats to finish, after the first boat in that division sails the course and finishes)
	Long Course racing	120 Minutes	45 minutes
	Short Course racing	60 minutes	15 minutes

**SSI 18.2** The Race Officer may determine shorter or longer Race Time Limits and Finishing Windows, and if so, these amended times shall be described on the course board.

**SSI 18.3** There is no prescribed time limit for the first boat to pass mark 1.

### SAFETY REGULATIONS (SSI 19)

**SSI 19.1** For each race session, yachts intending to race shall 'Sign-on' by signing the race sign- on form no later than 15 minutes prior to the 1st warning signal. Yachts shall sign off within thirty minutes of the last boat's finishing time.

**SSI 19.2** At the discretion of the race committee, boats that fail to sign on and/or sign off may be scored the appropriate scoring penalty (DNS, DNF) without a hearing. This changes rules 35, A4 and A5.

**SSI 20** A boat that retires from a race shall notify the race committee as soon as possible. [DP]