

Albert Park Yacht Club Inc.



APYC Sunsmart Policy

The health of club members is a primary concern for Albert Park Yacht Club.

Australia has the highest rate of skin cancer in the world. It is acknowledged that skin cancer is a preventable disease and that a preventative strategy including the following actions will be implemented by Albert Park Yacht Club.

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Schedules

While it is not possible to schedule activity outside the hours of 1100 and 1500, the club emphasizes to members the high risk at this time. Also during daylight saving times the club will try and start races after 1430 hours to try and avoid the midday sun.

Shade

The Club will maximize the use of natural shade provided by buildings, trees and other structures.

Clothes

The Club will promote sun protective clothing for participants and officials.
This includes:-

- Shirts with long sleeves and a collar
- Brimmed hats whenever practical
- Sunglasses for eye protection

Sunscreens

SPF30+ or higher sunscreens will be provided at the Club. Prior to boat rigging and racing members will be encouraged to apply sunscreen to exposed body parts. The Club will make sunscreen available near sign on area and in the change rooms.

Education

The Club may provide skin cancer education sessions to increase awareness of this health issue among club members.

Event programs, newsletters and announcements during events will be used to maintain awareness of the issue and to prompt sun protective behaviour.
Club officials will act as suitable Sun Smart role models.

The Sun Protective policy will be reviewed annually to ensure that the document remains current and practical to the Club's requirements.

November 10th 2007

Commodore, Danny Marrinon