On The Lake

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Grand Prix Regatta 15 March 2015

Newsletter of the Albert Park Yacht Club



Philip Cook at 2015 Impulse Nationals Yeppoon

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Need help with something around the club? Your committee is here to help. Contact numbers are below.

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From On The Lake Editors



Welcome everyone to the first edition of On The Lake for 2015. As always, we try to include lots of information and interesting articles related to our club and sailing.

Club life has been energised with new member Norma Watt. Norma, a former senior sailing instructor, hosted a lunch for APYC women members on Saturday 21 February – see photo on page 10. We wondered as we sat down if this was in fact the first ever APYC women members lunch in the history of the club? We all enjoyed this lunch and will plan to do it again. Thank you to all mem-

bers who contributed articles and pictures to this newsletter, it is always great to hear about the Nationals held over the Summer and our club doing well in the Top of the Bay. See you on the lake,

> Chris & Liza otl@apyc.org.au

OTL Editors Chris Markiewicz & Liza Taylor 0415 622 621 chrismarkiewicz@exemail.com.au otl@apyc.org.au

APYC Voicemail: call 03-9690-5418 and listen to the recorded message for information about what's on at the club.

Commodore's Comment by Peter Whitaker

Could you be the missing link in APYC's sailing programme?

There is a need to bridge the gulf between completing a learn-to-sail (L2S) course and independent sailing. The club cannot leave that to chance or someone's dogged intention. The club needs a structure to ensure those who have completed a L2S course can move onto developing confidence in sailing. Only time, practice and a mentoring structure will ensure the build up of confidence that leads to confidently enjoying sailing.

I am not convinced that club sailors always recognize the extent of the gap between a L2S course and sailing one's own boat. Only in recent years has Yachting Australia devised systematic pathways in their 'Discover Sailing' programme. 'Discover Sailing' has six steps of which the first three are: 'Start Sailing', 'Better Sailing' and Start Racing'. Yachting Australia has established a structure for youth with their 'Tackers' 2 and 3 steps, but I do not see the same structure for adults.

I believe we need to appoint a club coordinator who organizes the next steps after the initial L2S course. This means an intentional programme for sailors to use club boats and sail in the green fleet or with an experienced sailor until they have sufficient confidence to go-it-alone. In short is there anyone who would like to take up this role. I do not believe it is an onerous role at all. A structure can be mapped out so new sailors can navigate successfully this gap between learning basic skills and sailing on one's own.

I have been describing a common problem in sailing clubs – the high drop off from a basic L2S course and actual sailing. Our club has begun to address this with a 'green fleet' start on Saturday afternoon, an embryonic youth green fleet programme, and Sunday sailing on the 4th Sunday of the month. But to round out our sailing programme we need to systematically address this gap.

Peter Whitaker







Grand Prix Regatta 15 March 2015

A sailing regatta will be conducted on Albert Park Lake, mid to late afternoon on Sunday 15th March coinciding with the 2015 Australian Formula 1 Grand Prix event. This year's event is being organised by Albert Sailing Club (ASC), with support from Albert Park Yacht Club (APYC) and Yachting Victoria.

Notice of Race & Entry and Indemnity Forms to be completed and submitted by Saturday 7 March Available on the APYC OR ASC website

Indemnity Form to be finalised by AGPC and published here in week commencing 16 February. Return to source it, complete and submit with Entry Form.

Key Regatta details:

- * Regatta is open to monohull dinghy class boats up to 5.5 metres, registered through ASC or APYC. Entries from boats of other clubs may be accepted through ASC and APYC on application, at the discretion of their club flag officers. A \$20 entry fee per boat applies for entrants payable at Registration on 15 March, except those of ASC and APYC members for whom no fee applies.
- * The Regatta entrants will be involved in a series of short races on Albert Park Lake. Information Session at 1430 hrs at ASC, with boats on water from 1500 to 1730ish.
- * Completed entry forms with Indemnity form to be lodged by end of Saturday 7 March. Either scanned and sent by email to your club contact person APYC brian.jones@uxcconsulting.com.au) or provided in hard copy to ASC or APYC Club Tower on a Saturday. For junior competitors under 16 years there needs to be an accompanying guardian, with completed Entry Form and Indemnity lodged for the guardian.
- * A number of one and two person boats may be available for hire through ASC and APYC, with any fees as determined by Club. These need to be applied for with submission of a completed Regatta Entry Form.
- * A Grand Prix general admission competitor pass will be provided to each entrant prior to the event. This includes junior nominated guardians, and race management personnel. This provides entry to the Grand Prix circuit from 10am on 15 March. Distributed early March.
- * Competitor boats need to be in the APYC or ASC boatyard before Park lockdown at midnight Monday 9th March. Arrangements can be made for delivery of boats early evening Monday March 9th after the March long weekend. Boatyards open for collection of any visitor boats 6 8 pm on Wednesday 18th March or Saturday 21st March.
- * Post race Trophy presentation and BBQ at Albert Sailing Club from 6.30pm 15th March.

Grand Prix 2014



Top of the Bay by Jonathan Pulham

Port Melbourne was the setting for this years inter-club event, the teams coming from Altona, Williamstown, Port Melb., Elwood and Albert Park Lake. The APYC team this year consisted of a few Impulses, a couple of Pursuits and Sabres, and a Contender, sailed by one of our newest members, Richard Batten. There was also a ring in from (Albert) Parkdale YC, who felt quite at home in the super soft sand on Port Melbourne Beach, which is quite similar to Parkdale Beach sand. It generally took 4 people to push each trolley to get the boats into the water. The 30+ degree heat of the day didn't make it any easier.

Once we were out on the bay though the heat disappeared, and we were able to enjoy a flattish sea with shifty Northerly winds. Most of us lake sailors felt quite at home, despite that we were missing the weed, shallow bits, the walls. etc.

Sailing numbers were low as far as Top of the Bay regattas are counted, but there were still many more boats than we are used to getting on the lake, and of many more designs. It is always exciting to race alongside fast catamarans, trailer-sailers and others. There are always a couple of boats in such regattas which make you turn your head and say 'what on earth is *that* boat?!'.

It is also always exciting to cross a large fleet on port tack at the start line, which is exactly what Jon and Chris Pulham, sailing their Pursuit, did in the division 5 start. (Div. 5 consisted of fast monohulls, including APYC's Pursuits and Impulses). Whilst we are talking about Pursuits, it is important to note that while it has always been Jon's dream to sail at as many places in Australia as he can, Harry and Graeme have their dream to capsize at every place they sail. Port Melbourne can now be ticked off their list.

The wind during the race increased after the start to about 18 knots from the North, then dropped in the middle to almost nothing, then increased to a pleasant 16 knots for the finish. In the Impulses Mike Howell showed his skill in all weather conditions to take line honours in a tightly contested fleet which included the current state champion. In typical Top of the Bay fashion the results were not known until the next week, this year because of a protest (nothing to do with any APYC sailors) which couldn't be resolved until the following Saturday. When finally released the results showed APYC had come second overall to the host club Port Melbourne, which is a great credit to all of our sailors since all our results counted towards the final score. (Only the top ten in each team are counted, and we had ten).

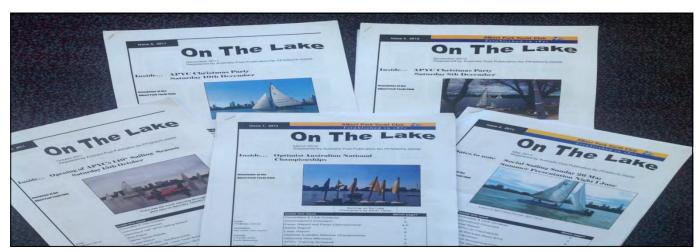
As with any Top of the Bay there were many stories to tell, of which I have touched on only a few. Join the team next year to be a part of the fun. We will be sailing at Elwood Sailing Club - the scene of our one and only ever win in Top of the Bay.

Are you getting your copy of On The Lake in the way you want it?

APYC Club members are all sent an electronic copy of On The Lake the club's quarterly newsletter. If you have joined as a family perhaps only one member receives the newsletter and you may feel you are missing out. If this is the case please email the APYC Membership Secretary John Dixon and give your email address for receiving OTL.

If you would prefer a hard copy to be sent in the post you must also email John Dixon to register this request.

A pdf copy of always available from the APYC website and extra hard copies are made available at the club in a Perspex box under the notice board on the ground floor.



Ballarat Yacht Club Opening Day by Geoff Kirkham

The Opening of the Ballarat Yacht Club Sailing season on the 1st November was a rather cold, wet, and westerly windy day with hail later in the day.

Three members of Albert Park Yacht Club participated, Phil Johnson sailing a Sabre and Jonathon Pullham skipper and Paul Taig crewing the Pacer Pursuit. Geoff Kirkham went as an observer.



Phil rigging the Sabre

Photographs by Geoff Kirkham

Paul rigging the Pacer





Pacer (in front) Sabre in background approaching the Official Party



Phil in the Sabre at the Official Party

Discover Sailing Day Saturday 11 April 2015

The Club will be holding a Discover Sailing session from 11am to 3pm on Saturday 11th April as part of the Premier's Active April. We will need some people to take out Status and maybe some Corsairs. Members are encouraged to invite friends along to try sailing. Talk to Jon Pulham if you can be involved on this day and don't forget to invite your friends to come and try sailing.



Waranga

Easter 2015

What: An old regatta spot that no longer has regattas, but we still take a few boats, races are on request





Why: A lovely relaxing way to spend Easter, plenty to do, Golf Sail, Canoe, Yarn round camp fire, visit historic gold townships, Sample wine from historic vineyards.

Where: Waranga Boat Club, Rushworth Tatura Road Rushworth



Members from A.P.Y.C have been making this annual trip for over 35 years, you need to bring a tent, small caravan, power very limited ,or swag.. Come for Easter or visit for a day, approx 2.5 hours from Melbourne.

April 3rd-6th, some stay longer.

For more information contact Chris Pulham: 0411741417 cpulham@ozemail.com.au

A Close Ending to a Great Event: The Pacer Pursuit Nationals by Harry Cox



The word extreme cannot be better used when describing the state of the weather during the Pursuit Nationals this year. With winds ranging from less than 5 knots to 30 plus, there were only certain time frames that races could be slotted into the event. With only seven heats, the Pursuit Series was a close run thing where every place counted; a last could cost you everything. Because of this tension, this series was jam packed with sledging, Marrinon selfies, blasphemy, awkward silences, Pulham excuses, scary clown zinc-face painting and intense spinnaker moments.

The cast for this year's event was missing a few familiar faces with Jim and David French focusing on their Moths, but we still had four boats: Ian from Beaumaris, Rick and Lucy from Flinders, Jonathon and Danny from Albert Park and myself and Graeme (Dad).

Over the seven heats three of us were all closely matched, making it over the finish line sometimes seconds apart for some intense races. The first heat was won by us when we got a lift and beat Jono to the line. The second heat was won by Jono after we tipped over while leading the fleet for most of the race. The third was again won by Jono but we managed to claw the fourth from his grasp, for another first place.

The fifth race caused controversy and grief when we rounded the bottom mark to find that there was no finish line. Not realising this Dad and I sailed for the end of the line (which was still laid) to find that the finish boat was missing. Because of this, Jono and Rick had altered course to head for the top mark again, thinking that the finish was there but just as we were about to pass the flag, the committee boat raced up to us and finished across the line. Immediately after seeing us finish, Jono and Rick altered course to finish on the newly created line, and as they passed, Jono called protest. Back at the club, discussion ensued and the race officer admitted his mistakes (free drinks were had) and it was seen that a hearing was necessary. In the end the race was resolved with a first for us, a second for Rick and 1.75 points for Jon.

From then on it was serious; Jon even replaced his 'Jono Hat' with a cap from Danny. The last two races were seconds for us with Jono back in top form making two easy firsts.

In the end Jon managed to best the two tight knit dream teams from Flinders and Albert Park to win by a marginal 2.25 points. There is wide speculation but I do believe that it was a combination of the new racing attire and the duct-taped Jib that saw Jon and Danny receive the trophy on presentation night. Feeling in a celebratory mood, Jon also managed 3 servings of dessert.

This National Championship was certainly my favourite and most competitive series. Hopefully next year's will be just as good.

Harry



 $\begin{tabular}{ll} \textbf{The 2014, 2015 Impulse Nationals} were held in Yeppoon North QLD, they had 35 entrants , which was very good for where it was held including 3 juniors . Most Victorians were from Albert Park . Philip came 2nd William came 3rd in the Junior section , all in all everyone had a great time . \\ \end{tabular}$

The day before racing had started William went for a sail, on return to the beach, a wave broke raming his rudder into the sand and ripping it out of 363's stern. After a few lost tempers, reality set in and the whole impulse fleet came together offering all the help they could, epoxy was donated, fibreglass, resin glass, ect ect. 4 hours latter the repair was complete. Now the wait was on to see if the resin and epoxy would set and was strong enough for the magnificent winds that Yeppoon had to offer.

William rigged up and went to race, the repair held, and he loved the challenge of a great competition. Philip on the penultimate day decided to do a similar thing that William did except it was his tiller extension. A donation of an extension by another Impulse sailor saved it for Philip. he was able complete the last day of racing.

Thanks to the boys grandmother for raising funds to help with the trip.

We went with 7 people 4 in the car and 3 by trains, planes, and auto mobiles. Anne had an unbelievable journey of 4 trains an aircraft a taxi or two and hungry kids, Anne did well. What an experience for all of us. BOUY Sailing is so much fun.



Twilight Sailing ends for another year.

Twilight sailing at APYC ran weekly on Wednesdays over the summer until 25 February. These Twilight Races are less formal, shorter and less crowded than Saturday Races. If you are not so interested in racing but would just like to sail you are also most welcome as there is a rescue boat on the water. If you did not make it this year look out for twilight sailing next November.



Clothing and Merchandise at APYC by Jennifer Jaeger



It seems like quite a long time since we have all been able to top up on our Club Merchandise, we have a wonderful range of very good high quality items. While it is our intention eventually to add some new items to that range, we still have a very large stock of items.

It is my aim that the first Saturday of every month of a regular sailing day, I will have the Merchandise stand open. This is now located in the Large Hall near the Galley. This is also a very nice area to sit in the Autumn (which is coming!) because there is a nice heater and chairs there.

The bulk of our range is stored away and but when I am there I can assist with sizing and picking out the best items for your sailing needs. As I have taken over from the

lovely ladies who took on this duty for many years I would like to say thank you so much to both of them for leaving the merchandise so well thought out and organized and in great condition. It is through volunteers such as Joan and Jenny that makes our Club such a joy to be involved with.

I am however looking for someone that might like to assist me with the Merchandise and Clothing range and then we could even open more often. If however you are desperate for something and see me around the club just ask, it doesn't have to be just the first Saturday; but I think it is good to have a time to aim for so everyone knows what's happening.

Also we are having a sale (not a sail!) with 25% off all items of clothing until June 30th. I will also be having red spot specials on items as we get down to the last ones. So see you for our first sale day on March 7th.

Below is a list of what we currently have in stock and sizes.

Tee Shirts, Navy Blue with logo in kids sizes 4,6,8,10,12. Kids Long Sleeve Tee's, 10, 12, 14. Kids Windcheaters (sweatshirts), 8, 10, 12, 16.

Adult Tee Shirts, Small, Medium, Large, XXL. Polo Shirts (like a tee shirt shortsleeve with collar), S, M, L & XL.

Adult Long Sleeve, M, XL & 3XL.

Adult Windcheaters, S,M,L. Fleecy Zip Top, S, L, 2XL, 3XL

Sleeveless vest, S,M,L,XL,3XL.

Shorts, no logo but very good strong sailing shorts below knee style with pockets, S, M,L Merchandise, APYC logo, Stickers for your boat and car only \$4 each, Floppy Hats, Badges, Hard training caps, baseball style hats, pennants, wine glasses & Mugs. Books on the History of the APYC. Any queries questions or ideas you can contact me **Jennifer Jaeger** P O Box 133, Darling 3145 0419395782, 98881990 or ankh2@bigpond.net.au.

Jennifer Jaeger

Women and Girls Lake Challenge Series hosted by Albert Sailing Club

There will be a three race Women and Girls Lake Challenge Series sailed on Albert Park Lake in 2015.

The first in the Challenge Series will be on Saturday 21 March with a 1.45pm Information session for a 2.30pm start. Open to girls and women from all sailing clubs in monohull dinghy class boats. For more information search the Albert Sailing Club Website.







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APYC Welcomes the following New Members

Family memberships

Matteo Forfori and Maria De Francisco Michael Voogt and Tonia Chapman David McMillan and Leo (converted from Senior member) Richard Batten and family Jamie O'Connel (Rejoined)

Senior memberships

Carol Milligan John Vrolan

Associate membership

Norma Watt

Galley Roster by Pam Pulham

Volunteers are needed for the galley for the 18 & 19 April weekend to support the Victorian Open Teams Racing State Championships. Pam will co ordinate and 3 volunteers are needed for each day. Phone Pam on 9598 0820 to help our club host this event.

28 February	Race Day	Pam Pulham	Jenny Jaeger			
7 March	Labour Day Weekend					
14 March	Grand Prix					
21 March	Race Day Pam Pulham		Jenny Jaeger			
28 March	Race Day	Jackie White	Liza Taylor			
4 April	Easter					
11 April		Annette Marrinon	Terri Richards			
18April	Call for Volunteers					
19 April	Call for Volunteers					
25 April	Anzac Day/Working Bee					

If anyone would like to volunteer their time for a Saturday and assist with organising lunches for members you are more than welcome. If you are sailing, galley duty finished in time for you to rig the boat and get ready for sailing.

Phone Pam on 9598 0820 to try your hand in the galley





APYC Duty Roster and Calendar

- Indicates APYC Start Boat

Date	Event	Start	Race Off.	Duty Off.	Resc. 1	Crew	Resc. 2	Crew
Sat 28 Feb	Summer Handicap Heat 7 - 14:30		Phil Johnson	Keith Ives Les Wood	Ray Wines	Jennifer Jaeger	John Dixon	Heather Dixon
Sat 7 Mar	Labour Day Weekend No racing at APYC		Labour Day Weekend					
Sat 14 Mar	Grand Prix No sailing at Albert Park		Grand Prix					
Sat 21 Mar	Summer Championship Heat 7 - 14:30	E	Brian Jones	Keith Ives, Les Wood, Peter Game	Sue Curlis -Smith	Robyn Primrose	Philip Cook	Harry Cox

Check out our calendar online for the latest: http://www.apyc.org.au/

If you are a licensed powerboat driver and you are rostered for rescue boat duty and you need to make a swap, please make sure you swap with another licensed powerboat driver.

Date	Event	Start	Race Off.	Duty Off.	Resc. 1	Crew	Resc. 2	Crew
Sun 22 Mar	Sunday Social Sailing		SUNDAY SOCIAL SAILING					
Sat 28 Mar	Summer Handicap Heat 8 - 14:30		Grant Haggett	Joan & Roy Williams	Danny Marrinon	Sue O'Mahony	Jenny Dixon	Pat O'Mahony
Sat 4 Apr	EASTER		EASTER					
Sat 11 Apr	Summer Championship Heat 8 - 14:00		Paul Taig	Les Wood David Hunt	Rob Pulham	Brian Taylor	William Cook	Darryl Larcombe
Sat 18 Apr	Summer Championship Heat 9 - 14:00 State Teams Racing		Ron Parker	Keith Ives Jennifer Jaeger	Graeme Silver	Paul Ruchards	Michael Cook	Anne Wells
Sun 19 Apr	State Teams Racing							
Sat 25 Apr	Anzac Day / Working Bee		WORKING BEE					
Sun 26 Apr	Sunday Social Sailing		SUNDAY SOCIAL SAILING					
Sat 2 May	Winter Handicap Heat 1 - 14:00		Chris Davey	Les Wood Chris Pulham	Graeme Cox	Harry Cox	Ray Wines	Simone Hoey
Sat 9 May	Winter Championship Heat 1 - 14:00		Colin Randall	Keith Ives, Les Wood, Peter Game		lan Kirkham	Sue Curlis- Smith	Robyn Primrose
Sat 16 May	Winter Handicap Heat 2 - 14:00	Æ	Mike Howell	Joan & Roy Williams	Graeme Silver	Chris Markiewicz	Jenny Dixon	Lisa Taig
Sat 23 May	Winter Championship Heat 2 - 14:00		Peter Whitaker	Keith Ives David Hunt	Alyssa Marrinon	Liza Taylor	Rob Pulham	Paul Ward

NB. This program is to be used as a guide only. The official notice of race is on the race noticeboard.

If undeliverable return to Albert Park Yacht Club PO Box 3 ALBERT PARK VIC 3206