Albert Park Yacht Club

CitySail Sailing Instructions 2026

SUPPLEMENTARY SAILING INSTRUCTIONS (SSI)

The SSIs supplement the Racing Rules of Sailing (RRS) Appendix S, Standard Sailing Instructions (Sis).

References in the SIs and SSIs to ‘official notice board’, ‘course board’ and ‘race office’ refer to things located at the Host Club.

1. RULES

SSI 1.1
It is a Club safety requirement that all sailors wear adequate covered footwear.

SSI 1.2
It is a requirement that the skipper of dual person boats must be the principal sailor handling the tiller and main sheet.

2. NOTICES TO COMPETITORS

SSI 2.1 The official notice board will be in the foyer of APYC.

SSI 2.2 The race office is at the tower of APYC.

SSI 2.3 The course board will be displayed at APYC.

SSI 2.4 The race committee vessel will fly the burgee of APYC at the masthead.

3. CHANGES TO SAILING INSTRUCTIONS

SSI 3
Any change to the sailing instructions will be posted at least one hour before it will take effect.

4. SIGNALS MADE ASHORE

SSI 4.1
Signals made ashore will be displayed on the flagpole on the deck of APYC.

SSI 4.2

When flag AP is displayed ashore, ‘1 minute’ in the RRS Race Signals AP replaced with ‘not less than 15 minutes’.

5. RACE START TIME

SSI 5
The first divisional start for regatta races will be scheduled according to the Citysail program posted on Regatta Notice of Race.

6. DIVISIONS

SSI 6
Classes will be assigned to start in divisions and, together with the division flags, will be described on the course board.

7. COURSES

SSI 7 The courses to be sailed will be described on the course board.

8. MARKS

SSI 8.1 The marks will be yellow flags attached to poles. If alternative marks are to be used, they will be described on the course board.

SSI 8.2 The start mark will be flag G attached to a pole.

SSI 8.3 The finish mark will be an orange flag attached to a pole.

9. THE START

SSI 9.1 The direction of the course (the rounding of marks to port or to starboard), will be indicated by a red or green flag that will be displayed on the race committee vessel not less than 2 minutes before the first warning signal.

SSI 9.2 The warning signal will be made 3 minutes before the starting signal and the preparatory signal will be 2 minutes before the starting signal. This changes RRS 26.

SSI 9.3 When a starting sequence is in progress, boats whose warning signal has not been made shall avoid the starting area.

SSI 9.4 A boat starting later than six minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1.

10. RECALLS

SSI 10 The warning signal for the first recalled division will be displayed at the start of the last division, except when there are no other divisions to start. The warning signal of subsequently recalled divisions will be displayed at the start of the preceding recalled division. This changes RRS 29.2.

11. SHORTENING COURSE

SSI 11 If the race committee signals a shortened the course by displaying flag S over flag H with two sounds, boats shall round the mark near the race committee vessel on the required side and finish at the finish line specified on the course board. A boat which has not sailed the same course as the first boat in its class, shall complete the same course before finishing. This changes RRS 32.2.

12. OUTSIDE HELP

SSI 12 A boat may receive assistance from a rescue craft in the event of a capsize, or for a safety matter, and then continue to compete in the

race, provided that such assistance does not advance the boat's position in the race. This changes RRS 41.

13. THE FINISH

SSI 13.1 The finishing line will be between the Host Club's tower and the finish mark. Where an alternate finish is to be used, it will be described on the course board.

SSI 13.2 The race committee may finish a boat within a fleet at or near a mark so that other scheduled races can be sailed or, at the discretion of the race officer, if it will be difficult for that boat to finish within the time limit or the finish window. The race committee may not finish boats in accordance with this clause prior to the first boat in their division finishing. A boat so finished will receive points equal to the position occupied at the time the boat was finished. This changes RRS 35, A4 and A5.

14. TIME LIMITS

SSI 14.1

For each division	Race Time Limit (the time limit for the first boat in that division to sail the course and finish, after the starting signal for that boat's division)	Finishing Window (the time for subsequent boats to finish, after the first boat in that division sails the course and finishes)
Long Course racing	120 Minutes	30 minutes
Short Course racing	60 minutes	15 minutes

SSI 14.2 The Race Officer may determine shorter or longer Race Time Limits and Finishing Windows, and if so, these amended times shall be described on the course board.

SSI 14.3 There is no prescribed time limit for the first boat to pass mark 1.

15. SAFETY REGULATIONS

SSI 15.1 For each race session, a crew member from each boat intending to race shall 'Sign-on' by signing the race sign- on form no later than 15 minutes prior to the 1st warning signal. A crew member from each boat shall sign off within 30 minutes of the last boat's finishing time.

SSI 15.2 At the discretion of the race committee, boats that fail to sign on and/or sign off may be scored the appropriate scoring penalty (DNS, DNF) without a hearing. This changes rules 35, A4 and A5.

SSI 15.3 A boat that retires from a race shall notify the race committee as soon as possible. [DP]